



MARCH

version 2.0



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>1 Strengthening Families/STA Open Gym @ BMS 1-3 p Open Swim @ BMS 2-3:30p PIRATES OF PENZANCE @ SFAC Odess Theater 2:00p</p>	<p>2 Tot's Gym @ Hames 9-10:30a Open Swim @ BMS 11a-12p Specialty Swim @ MEHSAC 3-4 p Parents & kids < 4</p>	<p>3 Playgroup 1904 HPR 10am-11am (ages 0-3) Parent Power Hour @ Hames Center 8:15-10a Open & Lap Swim @ BMS 12-1pm Sitka Sprouts (ages 3-5) @ SSSC 10:30-11:30a, Free Specialty Swim @ MEHSAC 3-4 p Parents & kids < 4</p>	<p>4 Open Aquarium @ SSSC 10a-12p, Kids 0-3 Free Open Swim @ BMS 11a-12 p & 7-8:30 p Specialty Swim @ MEHSAC 3-4 p Parents & kids < 4</p>	<p>5 Playgroup, 1904 HPR 10 -11am (ages 0-3yr) Parent Power Hour @ Hames Center 8:15-10a BMS Open/Lap Swim 12-1 Sitka Public Library, Preschool Story Time 10:30-11:30a Specialty Swim @ MEHSAC 3-4 p Parents & kids <</p>	<p>6 Wooch.een Playgroup 9a—10a @ SEACC Tot's Gym @ Hames 9-10:30a Open Swim @ BMS 11a-12 p & 7-8:30 p Specialty Swim @ MEHSAC 3-4 p Parents & kids < 4</p>	<p>7 Open Aquarium & Feed the Tanks @ SSSC, 10a-3p, Kids 0-3 Free 11a SSSC Family Paint & Snack PHILIPPINE CULTURE DAY 11am-1pm @ Keet Gooshi Heen Strengthening Families/ STA Open Swim @ BMS 5-7 p IMAGINATION LIBRARY'S RAINBOW RAZZMATAZZ @ HCH 10:30a Kids 0-5</p>	
<p>8 Strengthening Families/STA Open Gym @ BMS 1-3 p Open Swim @ BMS 2-3:30p</p> 	<p>9 Tot's Gym @ Hames 9-10:30a Open Swim @ BMS 11a-12p Specialty Swim @ MEHSAC 3-4 p Parents & kids < 4 COMMUNITY ORCHESTRA CONCERT 7PM @ PAC</p>	<p>10 Playgroup 1904 HPR 10am-11am (ages 0-3) Parent Power Hour @ Hames Center 8:15-10a Open & Lap Swim @ BMS 12-1pm Sitka Sprouts (ages 3-5) @ SSSC 10:30-11:30a, Free Specialty Swim @ MEHSAC 3-4 p Parents & kids < 4</p>	<p>11 Wooch.een Playgroup 9a—10a @ SEACC Open Aquarium @ SSSC 10a-12p, Kids 0-3 Free Open Swim @ BMS 11a-12 p & 7-8:30 p Specialty Swim @ MEHSAC 3-4 p Parents & kids < 4</p>	<p>12 Playgroup, 1904 HPR 10 -11am (ages 0-3yr) Parent Power Hour @ Hames Center 8:15-10a BMS Open/Lap Swim 12-1 Specialty Swim @ MEHSAC 3-4 p Parents & kids < 4</p>	<p>13 Wooch.een Playgroup 9a—10a @ SEACC Tot's Gym @ Hames 9-10:30a Open Swim @ BMS 11a-12 p & 7-8:30 p Specialty Swim @ MEHSAC 3-4 p Parents & kids < 4 Family Skate Night @ BMS 6:30-8:00 pm \$ donation</p>	<p>14 Open Aquarium @ SSSC, 10a-3p, Kids 0-3 Free Feed the tanks @ SSSC 12:30p , kids 0-3 free Strengthening Families/STA Open Swim @ BMS 5-7 p BMS open swim 7-8:30 p MEHSAC open swim 5-7 p</p>	
<p>SITKA SOUND SCIENCE CTR 747-8878 WINTER HOURS: Wednesdays, 10am - 12pm Saturdays, 10am - 3 pm</p>	<p>15 Strengthening Families/STA Open Gym @ BMS 1-3 p Open Swim @ BMS 2-3:30p SSSC Low Tide Beach Walk, Magic Island, 7-8 pm \$10</p>	<p>16 Tot's Gym at Hames 9-10:30a Open Swim @ BMS 11a-12p Specialty Swim @ MEHSAC 3-4 p Parents & kids < 4</p>	<p>17 Playgroup 1904 HPR 10am-11am (ages 0-3) Parent Power Hour @ Hames Center 8:15-10a Open & Lap Swim @ BMS 12-1pm Specialty Swim @ MEHSAC 3-4 p Parents & kids < 4 ST. PATRICK'S DAY</p> 	<p>18 Open Aquarium @ SSSC 10a-12p, Kids 0-3 Free Open Swim @ BMS 11a-12 p & 7-8:30 p Specialty Swim @ MEHSAC 3-4 p Parents & kids < 4</p>	<p>19 SPRING BEGINS Playgroup, 1904 HPR 10 -11am (ages 0-3yr) Parent Power Hour @ Hames Center 8:15-10a Breastfeeding Support Group Sitka LTC Quiet Rm, 10-11a BMS Open/Lap Swim 12-1 Specialty Swim @ MEHSAC 3-4 p Parents & kids < 4</p>	<p>20 Tot's Gym @ Hames 9-10:30a Open Swim @ BMS 11a-12 p & 7-8:30 p Specialty Swim @ MEHSAC 3-4 p Parents & kids < 4</p>	<p>21 EAGLE RELEASE 10 am-noon @ Alaska Raptor Center Open Aquarium @ SSSC, 10a-3p, Kids 0-3 Free Feed the tanks @ SSSC 12:30p , kids 0-3 free Strengthening Families/STA Open Swim @ BMS 5-7 p BMS open swim 7-8:30 p MEHSAC open swim 5-7 p</p>
<p>HAMES CENTER Tot's Gym \$5 Parent Power Hour \$5/0-5yrs and Adult is \$8</p>	<p>22 Strengthening Families / STA Open Gym @ BMS 1-3p Open Swim @ BMS 2-3:30p</p>	<p>23 Tot's Gym at Hames 9-10:30a Open Swim @ BMS 11a-12p Specialty Swim @ MEHSAC 3-4 p Parents & kids < 4</p>	<p>24 Playgroup 1904 HPR 10am-11am (ages 0-3) Parent Power Hour @ Hames Center 8:15-10a Open & Lap Swim @ BMS 12-1pm Specialty Swim @ MEHSAC 3-4 p Parents & kids < 4</p>	<p>25 Wooch.een Playgroup 9a—10a @ SEACC Open Aquarium @ SSSC 10a-12p, Kids 0-3 Free Open Swim @ BMS 11a-12 p & 7-8:30 p Specialty Swim @ MEHSAC 3-4 p Parents & kids < 4</p>	<p>26 Playgroup, 1904 HPR 10am-11am (ages 0-3) Parent Power Hour @ Hames Center 8:15-10a BMS Open/Lap Swim 12-1 Preschool Story Time 10:30-11:30a @ Library Specialty Swim @ MEHSAC 3-4 p Parents & kids < 4</p>	<p>27 Wooch.een Playgroup 9a—10a @ SEACC Tot's Gym @ Hames 9-10:30a Open Swim @ BMS 11a-12 p & 7-8:30 p Specialty Swim @ MEHSAC 3-4 p Parents & kids < 4 Family Skate Night @ BMS 6:30-8:00 pm \$ donation</p>	<p>28 BABIES & BOOKS, Kids 0-5 Free Tot Yoga 10:30 am @ SPL Open Aquarium @ SSSC, 10a-3p, Kids 0-3 Free Feed the tanks @ SSSC 12:30p , kids 0-3 free Strengthening Families/STA Open Swim @ BMS 5-7 p BMS open swim 7-8:30 p MEHSAC open swim 5-7 p</p>
<p>Alaska RAPTOR CENTER WINTER HOURS: Mon-Fri 10am - 3pm</p>	<p>29 Strengthening Families/STA Open Gym @ BMS 1-3:00 p Open Swim @ BMS 2-3:30p SAFV's ANNUAL FAMILY FIESTA/DESSERT AUCTION @ ANB Hall 5:30-7:30 pm</p>	<p>30 Tot's Gym at Hames 9-10:30a Open Swim @ BMS 11a-12p Specialty Swim @ MEHSAC 3-4 p Parents & kids < 4</p>	<p>31 Playgroup 1904 HPR 10am-11am (ages 0-3) Parent Power Hour @ Hames Center 8:15-10a Open & Lap Swim @ BMS 12-1pm Sitka Sprouts (ages 3-5) @ SSSC 10:30-11:30a, Free Specialty Swim @ MEHSAC 3-4 p Parents & kids < 4</p> 	<p>SITKA PUBLIC HEALTH CENTER 907.747.3255 Monday-Friday 8:30 am—4:30 pm</p>	<p>SITKA PUBLIC LIBRARY Mon-Fri, 10 am -8 pm Sat 10am - 6pm Sun 12 - 4 pm</p>	<p>MEHS AQUATIC CENTER call 966-3280 for more info Specialty Swim is open to parents & kids under 4 yrs. M/T/TH/F 3—4 pm Open/Lap Swim is M-F 12:15-1:15 pm</p>	